

Kristin Armstrong

At the age of 35, Boise, ID resident Kristin Armstrong won the Olympic Gold Medal in the 2008 Beijing Road Cycling Time Trial. Kristin became only the second U.S. female cyclist in Olympic history to capture gold for the sport. It completes an incredible road for Kristin, who turned to cycling only after arthritis in her hips forced her to abandon a career as a professional tri-athlete. Kristin has won five national championships and three world championship medals, making her the single most decorated female cyclist in US history.

Armstrong currently makes her home in Boise, Idaho with her husband, Joe Savola. Between her athletic career highlights spanning two decades and several sports, she also managed to succeed as a college graduate and a project manager at an ad agency. She holds a Bachelor of Science degree in sports physiology from the University of Idaho. Always one to give back to the sports that have given her such success, she is a dedicated swimming instructor and coach. She serves as an ambassador to the YMCA of Boise, and tries to provide support and inspiration to the millions of Americans who suffer from arthritis.