

Mandi Kramer

Mandi Kramer is best known as a participant on Season 7 of NBC's Biggest Loser, in which she and her sister lost a total of over 145 pounds. Since returning from the Biggest Loser Ranch, she has appeared on many local and national TV shows and radio interviews. Mandi served as a spokesperson for Idaho's "Fat for Food Challenge" which benefited the Idaho Food Bank by donating a pound of food for every pound of fat lost by participants.

As a result of her weight loss, Mandi has become interested in nutrition and has started her own business with Jus International, makers of a super-antioxidant drink. Mandi is currently expanding her Jus organization to the international level. Earlier this month, Mandi was featured as a keynote speaker for the Jus International Worldwide Convention in Salt Lake City, Utah. In addition to her work with Jus, Mandi is a cosmetologist at Hair International in Boise.

The most important thing she has learned from her experience on Biggest Loser is that she is a lot stronger than she thought she was; inside and out. The thing that keeps her going is realizing how many people she inspired while she was there.

Mandi is a proud mom of 2 boys; Remington, 8 and Dawson, 5. Mandi accepts clients at Hair International in Boise, and you can follow her progress on her blog www.mandiandaubrey.com.